

Friday Prayer During the Day

INTRODUCTION

Greeting

Leader: Lord, open our lips.
All: **And we shall praise your name.**

INVITATORY PSALM

Track 7: If Today You Hear His Voice
(Sheet music in *Psalms for All Time Vol 1 - Psalm 95*)

Response: **If today you hear his voice,
harden not your hearts.**

HYMN

Track 12: Pilgrims of Hope

Refrain: **Like a flame my hope is burning,
May my song arise to you:
Source of life that has no ending,
On life's path I trust in you.**

PSALM OF THE DAY

Track 8: My God, My God
(Sheet music in *Psalms for All Time Vol 1 - Psalm 22*)

Response: **My God, my God, why have you abandoned me?**

CONCLUSION

Short Reading (James 1:27)

In the eyes of God our Father, pure un-spoilt religion is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

Leader: The true sacrifice is a broken spirit.
All: **A contrite and humble heart, O God, you will not refuse.**

Leader: Let us pray.
Lord, open our hearts to your grace.
Restrain us from all human waywardness
and keep us faithful to your commandments.
Through Christ our Lord.
All: **Amen.**

Leader: Let us praise the Lord.
All: **Thanks be to God.**